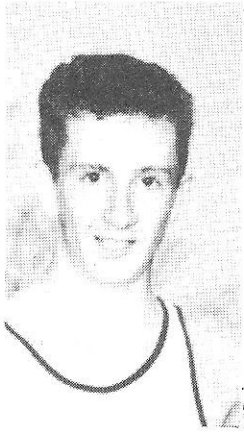
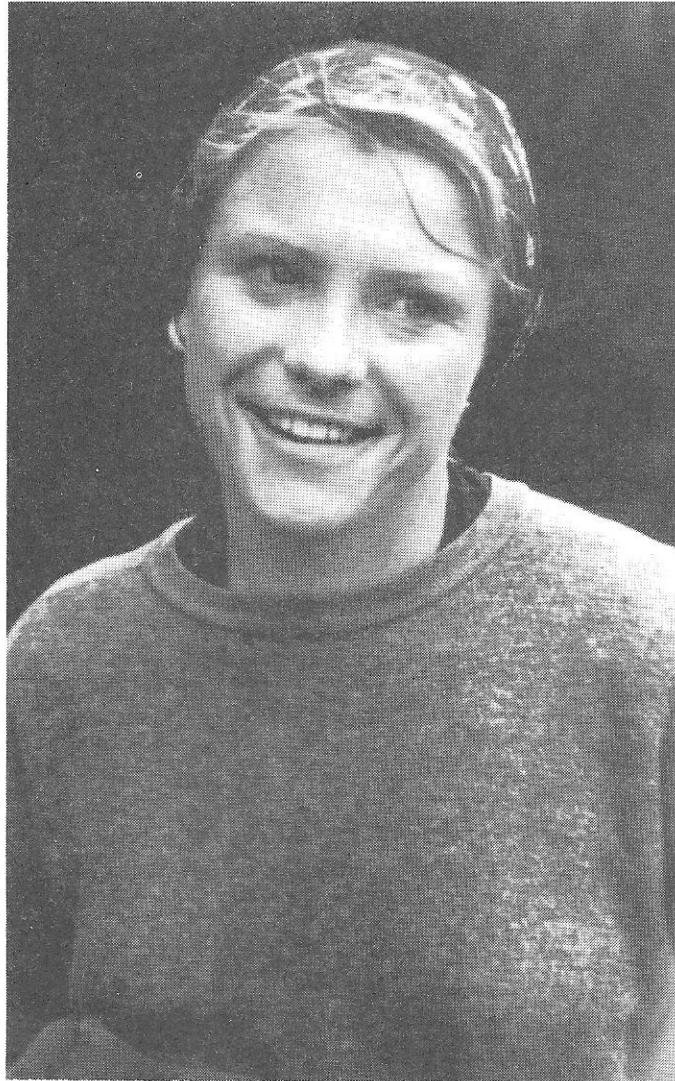


25th Annual

John F. Kennedy 50 Mile



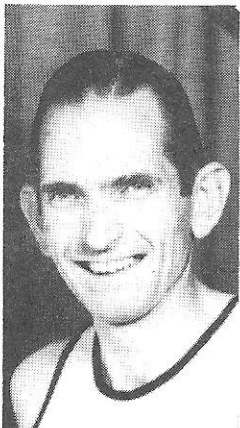
RICK MILLER



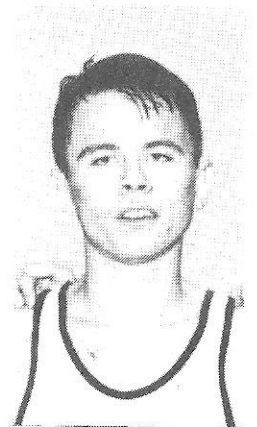
DONNA AYCOTH, WHO IN 1968 BECAME THE FIRST WOMAN TO FINISH THE JFK 50 MILE, IS SHOWN ABOVE SURROUNDED BY THE WINNERS AND ONLY FINISHERS OF THE 1963 INAUGURAL JFK 50 MILE



JAMES EBBERTS



BUZZ SAWYER



STEVE COSTION

Boonsboro to Williamsport, Md.

November 21, 1987

Sponsored by
Cumberland Valley Athletic Club

JFK 50 MILE RECORDS

| | | | |
|----------------------------------|----------|------------------------|------|
| JFK 50 Mile Record: | 5:53:05 | Mike Spinnler | 1982 |
| Women's JFK 50 Mile Record: | 6:50:56 | Teri Gerber | 1984 |
| Scholastic Record: | 6:16:25 | Karsten Schulz | 1977 |
| Age 70 & Over Record: | 10:22:21 | Bob Boal (70) | 1982 |
| Age 60 & Over Record: | 8:48:26 | Everitt Newell (60) | 1981 |
| Age 50 & Over Record: | 7:07:59 | Bill Jackson (50) | 1977 |
| Age 40 & Over Record: | 6:17:44 | Bruce Nystrom (41) | 1979 |
| Age 15 & Under Record: | 7:46:54 | Brad Vaughn (15) | 1975 |
| Eldest Finisher: | Age 72 | Joe Kravinsky | 1983 |
| Most Years A Finisher: | 18 Years | Mike Adams & Kim Byron | |
| Most Years A Finisher (Women): | 8 Years | Jean Phillips | |
| Longest Finisher Streak: | 17 Years | Cal Mahaney | |
| Longest Finisher Streak (Women): | 8 Years | Jean Phillips | |
| Most Victories: | 5 | James Ebberts | |
| Most Victories (Women): | 6 | Donna Aycoth | |
| Washington County Record: | 5:53:05 | Mike Spinnler | 1982 |
| Washington Co. Record (Women): | 7:48:13 | Carolyn Showalter | 1986 |
| Frederick County Record: | 7:13:01 | Ron Pace | 1977 |
| Frederick Co. Record (Women): | 10:27:26 | Martha Hauver | 1975 |
| Canadian Record: | 6:55:26 | Paul Root | 1986 |
| Canadian Record (Women): | 8:57:22 | Jo Wells | 1985 |

JFK 50 MILE HISTORY MAKING FIRSTS

| | | |
|--|---|------|
| First Women To Start In The JFK 50: | Mary Chafey Laura Cyr Diane Detering Linda DeLauder Sally Keadle Jennifer Moser Jackie Teague | 1966 |
| First Woman To Finish The JFK 50: | Donna Aycoth | 1968 |
| First Age 70 & Over To Finish The JFK 50: | John Newdorp | 1980 |
| First Age 60 & Over To Finish The JFK 50: | Burnis Hicks | 1973 |
| First Age 50 & Over To Finish The JFK 50: | Dr. Jim Dobbie | 1966 |
| First Blind Runner To Finish The JFK 50: | Tom Rothrock | 1975 |
| First U.S. Congressman To Finish The JFK 50: | Goodloe Byron | 1971 |
| First Canadian To Finish The JFK 50: | Dr. John Kendall | 1975 |
| First Member Of The "250 Mile" Club: | Buzz Sawyer | 1968 |
| First Woman Member Of The "250 Mile" Club: | Donna Aycoth | 1972 |
| First Member Of The "500 Mile" Club: | Kim Byron | 1977 |
| First Member Of The "750 Mile" Club: | Kim Byron | 1982 |

JFK 50 MILE CHAMPIONS

| | | |
|------|---|----------|
| 1963 | Steve Costion, James Ebberts, Rick Miller, Buzz Sawyer | 13:10: |
| 1964 | Steve Costion, James Ebberts, Wayne Vaughn | 12:33: |
| 1965 | James Ebberts, Elton Horst, Buzz Sawyer | 10:39: |
| 1966 | Kenny Baker, Elton Horst, Buzz Sawyer | 10:21: |
| 1967 | James Ebberts, Buzz Sawyer, Wayne Vaughn | 10:03:40 |
| 1968 | Leo Henry | 10:02:12 |
| 1969 | James Ebberts, Baxter Berryhill | 8:32:04 |
| 1970 | Baxter Berryhill | 7:21:25 |
| 1971 | Elton Horst | 6:15:42 |
| 1972 | Park Barner | 6:29:57 |
| 1973 | Max White | 5:55:30 |
| 1974 | Max White | 6:06:19 |
| 1975 | Angelo Giciosa | 6:27:58 |
| 1976 | Pat Gill | 5:59:28 |
| 1977 | Ed Ayres | 6:04:01 |
| 1978 | Phil Bishop | 6:14:59 |
| 1979 | Bill Lawder | 6:08:54 |
| 1980 | Dan Brannen | 6:14:02 |
| 1981 | Scott Miller | 6:13:56 |
| 1982 | Mike Spinnler | 5:53:05 |
| 1983 | Mike Spinnler | 6:12:12 |
| 1984 | Jim Pellon | 6:18:56 |
| 1985 | David Horton | 6:16:00 |
| 1986 | Dennis Griffin | 6:34:13 |

JFK 50 MILE WOMEN'S CHAMPIONS

| | | |
|------|-------------------|----------|
| 1968 | Donna Aycoth | 10:41:15 |
| 1969 | Donna Aycoth | 9:27:31 |
| 1970 | Donna Aycoth | 9:45:15 |
| 1971 | Donna Aycoth | 9:29:48 |
| 1972 | Donna Aycoth | 9:48:30 |
| 1973 | Donna Aycoth | 8:26:07 |
| 1974 | Nancy Keplinger | 13:48:05 |
| 1975 | Martha Hauver | 10:27:26 |
| 1976 | Sue Shepherd | 9:35:10 |
| 1977 | Sue Medaglia | 8:19:07 |
| 1978 | Sue Medaglia | 7:53:37 |
| 1979 | Sue Medaglia | 7:41:13 |
| 1980 | Sue Medaglia | 7:53:40 |
| 1981 | Sue Medaglia | 8:10:38 |
| 1982 | Carole Williams | 7:28:39 |
| 1983 | Teri Gerber | 6:56:12 |
| 1984 | Teri Gerber | 6:50:56 |
| 1985 | Carolyn Showalter | 7:59:24 |
| 1986 | Carolyn Showalter | 7:48:13 |

1987 JFK-50 MILE ENTRIES
(SEEDED).

- | | |
|---------------------------|-----------------------|
| 1. Mike Adams | 41. Mark Konodi |
| 2. Roger Allison | 42. Joe Lancaster |
| 3. Donna Aycoth | 43. Ken Laverick |
| 4. Samara Balfour | 44. Frankie Lum |
| 5. Grant Baxter | 45. Cal Mahaney |
| 6. Dave "Benny" Benford | 46. Al Marcy |
| 7. Paul Blackman | 47. Diane McNamara |
| 8. Greg Brooks | 48. Arthur Moore |
| 9. Kim Byron | 49. Margaret Mullen |
| 10. Roger Clark | 50. Scott Murdoch |
| 11. Gary Cochrane | 51. Denny Myers |
| 12. Mel Cowgill | 52. Betty Sue O'Brien |
| 13. Carl Cornett | 53. Patricia O'Brien |
| 14. Fred Davis, III | 54. Glenn Olszewski |
| 15. Doug Day | 55. Penny Parks |
| 16. Loretta Dodson | 56. Laura Perry |
| 17. Alan Doss | 57. Cor Potma |
| 18. James "Big E" Ebberts | 58. David Powell |
| 19. C. J. Edgar | 59. John Price |
| 20. Barry Erickson | 60. David Ramsey |
| 21. Bill Fischer | 61. R. J. Reysen |
| 22. Paul French | 62. John Ryder |
| 23. Edwin Furtaw, Jr. | 63. Sam Seibert, Jr. |
| 24. Jeffrey Gaft | 64. Greg Shank |
| 25. William Gayton | 65. Rick Shank |
| 26. Joseph George | 66. Carolyn Showalter |
| 27. Dick Good | 67. Howie Simpson |
| 28. Rock Green | 68. Tom Smith |
| 29. Thomas Green | 69. Mike Spinnler |
| 30. Dennis Griffin | 70. Mike Stallsmith |
| 31. Don Heimiller | 71. Gary Stefanisko |
| 32. Mitzi Henscheid | 72. Cynthia Steffen |
| 33. Dennis Herr | 73. Charles Terwoord |
| 34. John Hess | 74. Joe Wagner |
| 35. Keith Hileman | 75. Jo Wells |
| 36. Jarrow | 76. Dick West |
| 37. Chris Kelk | 77. Rick Wilcox |
| 38. John Kendall | |
| 39. Wes Kessenich | |
| 40. Lanny Knight | |

1987 JFK-50 MILE ENTRIES

- | | | |
|-----------------------|-------------------------|--------------------------|
| 101. Jon Acton | 151. Carl DePaulis | 201. Jess Héroux |
| 102. Dick Allen | 152. John DeWalt | 202. Larry Hess |
| 103. Sidney Allen | 153. Frank Dolen | 203. Jeff Hinte |
| 104. Sam Alspach | 154. Ron Dorn | 204. Jay Hoag |
| 105. Phil Anderson | 155. David Downin | 205. David Holland |
| 106. Georges Auchet | 156. John Draper, Jr. | 206. Stan Holloway |
| 107. Jerry Bakalarski | 157. Doug Dunham | 207. Ron Hooker |
| 108. Geoff Baker | 158. Mollie Dunker | 208. Dave Horton |
| 109. David Balfour | 159. Steve Dunning | 209. Dennis Hosey |
| 110. Ray Barrett | 160. Jon Eckardt | 210. Charlie Hott |
| 111. Jim Bartram | 161. John Egger | 211. Randy Howard |
| 112. Joe Baummer | 162. Roy Elder | 212. Tom Huegelmeier |
| 113. Nelson Beaver | 163. Jim Eutsler, Jr. | 213. James Hundley |
| 114. Eddie Becker | 164. Denny Evans | 214. Ted Hurley |
| 115. James Becker | 165. Charles Fakes, III | 215. Shane Hutton |
| 116. Paul Bergman | 166. Graham Farquharson | 216. Elizabeth James |
| 117. Paul Betker | 167. Beryl Fleming | 217. Bob Johnson |
| 118. Bob Blair | 168. Steven Floyd | 218. King Jordan |
| 119. Jim Borgstrom | 169. Jay Frantz | 219. deWayne Keener |
| 120. Sam Borzymowski | 170. Joe Frizzell | 220. Bob Kirkner |
| 121. Bruce Boyd | 171. Denny Fryman | 221. Gene Kline |
| 122. Frank Boyer | 172. Brian Gallagher | 222. Dan Knox |
| 123. Keith Brech | 173. Gary Gelvin | 223. Mike Kreft |
| 124. Robert Bremner | 174. Tom Gerick | 224. Donald Kreller |
| 125. Bob Bridges | 175. Jim Gillespie | 225. Stan Krueger |
| 126. Susan Briers | 176. John Gilroy | 226. Rob Ladewig |
| 127. Joe Bronder | 177. Ed Glenn, Jr. | 227. Ron Lariviere |
| 128. Roger Burkhart | 178. John Gonzales | 228. Bill Law |
| 129. Bob Burnett | 179. William Graef | 229. Felix LeBlanc |
| 130. John Burnopp | 180. Craig Gralley | 230. Bob Lemmermann |
| 131. Charles Cadell | 181. Bob Greenspun | 231. Brad Lewis |
| 132. Robert Cairns | 182. Jack Groff | 232. Dennis Lewis |
| 133. Mike Carrier | 183. Larry Grossman | 233. Jim Lewis |
| 134. Sam Case | 184. Chip Grove | 234. John Lewis |
| 135. Gene Cassell | 185. John Hall, Jr. | 235. Paul Lewis |
| 136. John Casteras | 186. Nancy Hamilton | 236. Rod Lewis |
| 137. Jeff Castle | 187. R. J. Hamilton | 237. Ron Lichtinger, Jr. |
| 138. Larry Clement | 188. Allen Hansen | 238. Oliver Linde |
| 139. Peter Coffin | 189. Vincent Hanson | 239. Brian Long |
| 140. Daniel Comer | 190. Ron Hardy | 240. Dennis Long |
| 141. Pat Comer | 191. Jim Harman | 241. Joan Long |
| 142. Dana Cook | 192. Scott Harman | 242. Rich Lorey |
| 143. Glenn Creger | 193. George Harrington | 243. Sy Mah |
| 144. Carlotta Crosby | 194. Edward Hart | 244. Martin Marne |
| 145. Des Crow | 195. Keith Harvey | 245. Everett Marsh |
| 146. Gary Daum | 196. Mike Hayduk | 246. Deb Martinez |
| 147. Anstr Davidson | 197. Mark Haymond | 247. Neva Mattheiss |
| 148. Richie Davis | 198. William Heim | 248. Rebecca Mattheiss |
| 149. Jeffrey Denius | 199. David Hellane | 249. Byron McNelly |
| 150. Gene Denton | 200. Bob Henscheid | 250. Don McNelly |

1987 JFK-50 MILE ENTRIES

251. Dick McNelly
252. Bill Mercer
253. Rudolf Milasincic
254. Delma Miller
255. Greg Miller
256. Al Montgomery
257. Steve Montgomery
258. Ben Moore, Jr.
259. Dave Moruzzi
260. Norm Moyer

261. Bill Murray
262. Denise Newman
263. Andy Niebel
264. Chip Niebel
265. Jan Niebel
266. Wayne Niebel
267. Roald Olsen
268. Bill Owen
269. Robert Pastrana
270. Mike Pearlman

271. Russell Phillips
272. Edward Poling
273. Barry Preston
274. Vicki Preston
275. Bruce Purdy
276. Bill Ramsey
277. Dave Rarity
278. Chuck Reams
279. Bobby Redmon
280. Jim Reeve

281. Roy Rengstorff
282. Brian Renz
283. Dale Rhoderick
284. Robert Rice
285. Tom Rigdon
286. Pablo Rivera
287. Paul Roberts, Jr.
288. Clint Robertson
289. Paul Robertson
290. Joe Robeson

291. Linda Rogers
292. Duane Rosenberg
293. Marvin Rosenstein
294. Joe Rutherford
295. Dick Sammons
296. Jack Sargent
297. Mike Schaefer
298. Franklin Schaeffer
299. Fred Schumacher
300. Earl Scott

301. Ken Scott
302. Greg Seidl
303. Lynn Sencindiver
304. Carl Settlemyer, Jr.
305. Denny Shackley
306. Frank Shaffer
307. David Shetterly
308. John Sholeen
309. Lowell Showalter
310. Frank Sievenpiper

311. Dennis Simmons
312. Ronald Sloniger
313. Lester Smith, Jr.
314. Timothy Smith
315. W. J. Smith, Jr.
316. Eric Snyder
317. John Snyder, Jr.
318. Steve Snyder
319. Edson Sower
320. Jack Sparks, Jr.

321. Steve Specht
322. Clay Stevens
323. Woody Spong
324. Tim Stanley
325. Kevin Swenie
326. Donald Switzer
327. Ken Tanino
328. Jerry Taub
329. Roy Thompson, Jr.
330. Joe Trask

331. Vassili Triantos
332. Bill Turrentine
333. Albert Tyree
334. Don Waddington
335. Nancy Waddington
336. Ed Wagaman
337. Jim Wahl
338. Bill Waller
339. Jim Walsh
340. Joe Walsmith

341. John Walter
342. Bill Wandel
343. Richard Warfsman
344. Don West
345. Tom White
346. Janet Whitesell
347. Bill Whitesell
348. Howard Williams
349. Adrienne Worthington
350. Jennifer Wright

351. Martin Yecies
352. Art Yerden, Jr.
353. Alan Young, IV
354. Tim Youngs
355. Mastaneh Zavar
356. Louise Zeitlin

LATE ENTRIES

357. Jim Caskey
358. Harry Chaney, Jr.
359. John Jackson
360. Tom Miller
361. Rod Runacres
362. Marty Towns
363. Cody Webster
364. Robert Wilson
365. Sharon Wilson

LATE ENTRIES
(SEEDS)

78. Ed Acevedo

Chester native enters ultramarathon

Runner to pass where Confederate grandfather was wounded

By Ghinda Price
Lifestyles Editor

On the first day's fighting (Sept. 14, 1863) of the battle of Sharpsburg, Md., I was wounded severely and was left on the battlefield, where I remained a week," wrote Samuel B. Lathan in *The Chester Reporter* on Dec. 22, 1938. He was recalling his experience during the War Between the States.

This Saturday, Nov. 22, his great-grandson, Dr. Robert (Bob) Lathan of Atlanta, a Chester native, will be very near the site where his grandfather was wounded and lay on the battlefield. He will be running in an ultramarathon, the John F. Kennedy 50 mile hike-run, and the race has special meaning for that reason.

"I heard about this race 10 years ago," Dr. Lathan said by telephone from his Atlanta medical office. "I really wanted to do it, because it was different and I had an interest in that section of the state where the ultramarathon was taking place."

Sam Lathan went to Sharpsburg, Antietam as the Yankees called it, with the Seventeenth South Carolina Regiment. He saw action in many of the great battles of the War, including Second Manassas, Rappahannock, and, later, outside Vicksburg.

In the battle of South Mountain, a smaller battle before the actual battle of Antietam on Sept. 17, 1862, Lathan was wounded in the thigh. He was left on the battlefield and, a week later, was taken prisoner to Frederick City, Md.

He was the last veteran of that war

In Chester and he died in March 1939 at the age of 96.

Dr. Bob Lathan has recently been researching his grandfather's life and is looking forward to his run past the place where he, along with many other Confederates, was wounded. It was a battle that was considered the bloodiest of the war.

"I have visited the Antietam Battlefield," Dr. Lathan said. "There is some beautiful country up there."

This ultramarathon has an interesting history. An ultramarathon differs from a marathon in that it is 50 miles as compared to 26 miles.

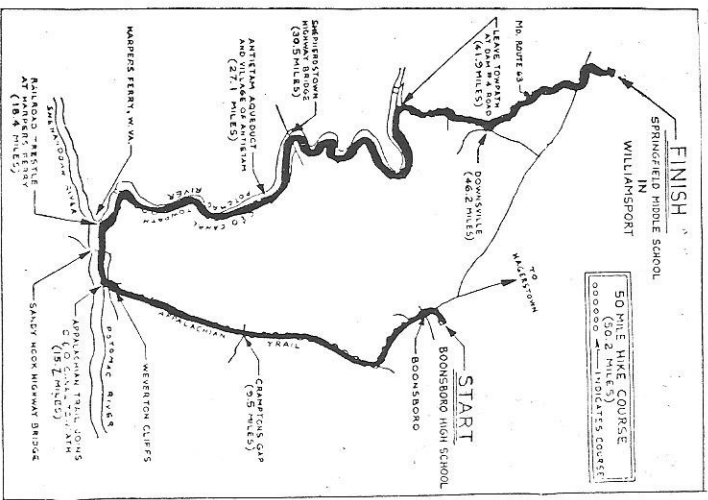
The JFK 50 mile Hike-Run was begun in 1963 after the death of President Kennedy.

"The JFK 50 is the oldest ultramarathon in the U.S.," Lathan said.

The ultramarathon got its start when President Kennedy, in the early 1960's, came across an executive order dated 1910 and signed by President Theodore Roosevelt that said every marine should be able to run or hike 50 miles in 20 hours. This amazed Kennedy and he asked Marine officers if anybody could do this.

One of those officers was Buzz Sawyer, the founder of the JFK 50, who got some of the marines interested in doing just that. At Kennedy's death, the ultramarathon was formed as a commemorative race.

The race, which is actually 50.2 miles, begins in a small town in Maryland, Boonesboro, and ends in Williamsport, Md. The course



follows about 15 miles of the Appalachian Trail and passes through many sections that are rich in Civil War history: Hagers Ferry, near Antietam; Shepherd's Town and near the South Mountain Battlefield.

"There is a point up there, at Harper's Ferry, that is absolutely beautiful," Lathan said. "That's where the Potomac and Shenandoah Rivers join."

Lathan says that it should take him 10 to 12 hours to finish the race that has an allotted time of 14 hours. (See MARATHON, Page 2-B)

(CONTINUED FROM PAGE 1-B)

He wanted to run the race several years ago but some health problems prevented his participation.

"I'm not quite at the endurance point where I was," Lathan said, "but I'm not worried about the time. I just want to finish it."

Lathan has been training for about four months, running about 40 miles a week. His training program includes a lot of stretching exercises also.

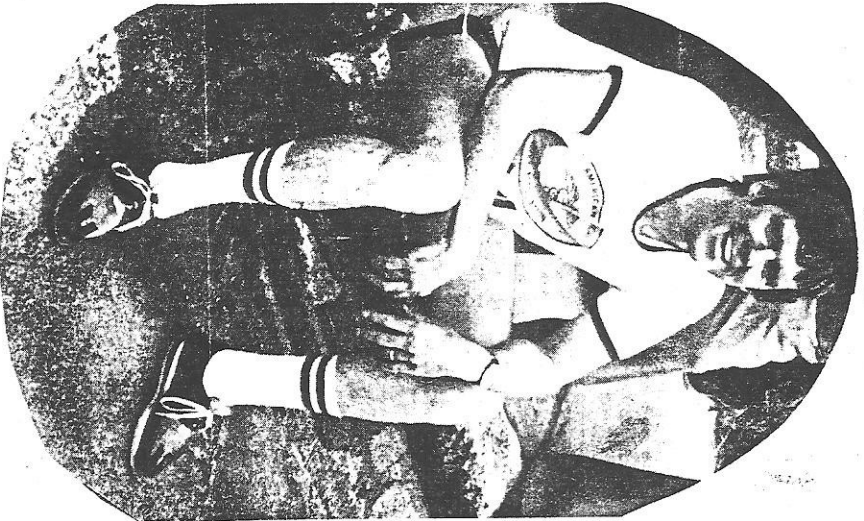
He has run in many marathons in various parts of the country, but only by two other ultramarathons.

Dr. Lathan's great-grandfather was a well known man of Chester.

He was born near Blacksburg and, as a young man, hoped to study law, but his plans were interrupted by the war. Following the War Between the States, he taught school for a short time but later was a bookkeeper and cotton factor in Chester.

He was a great believer in learning and was given a Doctor of Literature degree from Erskine College in 1934 for his scholarly attainments.

Dr. Samuel Lathan was proud of being a Civil War veteran and he probably would be just as proud of his great-grandson's achievements.



Dr. Robert (Bob) Lathan

Dr. Lathan finished the 1986 JFK 50 with a time of 11:54:56. In the event of Presidential or Supreme Court aspirations, it should be noted that Buzz Sawyer rose only to the rank of S/Sgt in the U.S. Air Force and was, in fact, a civilian accompanied by mostly high school runners in the 1963 inaugural JFK 50.