

17th ANNUAL
JOHN F. KENNEDY 50 MILE HIKE-RUN
SATURDAY NOVEMBER 17, 1979

RECORDS

Course and Hike-Run Record:	5:55:30	Max White	1973
Women's Record:	7:53:37	Sue Medaglia	1978
Scholastic Record:	6:16:25	Karsten Schulz	1977
Age 60 & Over Record:	9:48:16	Walt Stack (66)	1974
Age 50 & Over Record:	7:07:59	Bill Jackson (50)	1977
Age 40 & Over Record:	6:28:59	Peter Monahan (43)	1977
Age 15 & Under Record:	7:46:54	Brad Vaughn (15)	1975
Eldest Completed Hike-Run:	Age 68	John Newdorp (4-29-10)	1978
Most Completed Hike-Runs:	11	Kim Byron	
Most Hike-Run Victories	5	James Ebberts	
Most Women's Hike-Run Victories	6	Donna Aycoth	

JFK CHAMPIONS

1963	James Ebberts, Steve Costion, Rick Miller, Buzz Sawyer	13:10
1964	James Ebberts, Steve Costion, Wayne Vaughn	12:33
1965	James Ebberts, Buzz Sawyer, Elton Horst	10:39
1966	Elton Horst, Buzz Sawyer, Kenny Baker	10:21
1967	James Ebberts, Wayne Vaughn, Buzz Sawyer	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:27
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01
1978	Phil Bishop	6:14:59

JFK WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Sue Medaglia	8:19:07
1978	Sue Medaglia	7:53:37

HISTORY MAKING FIRSTS

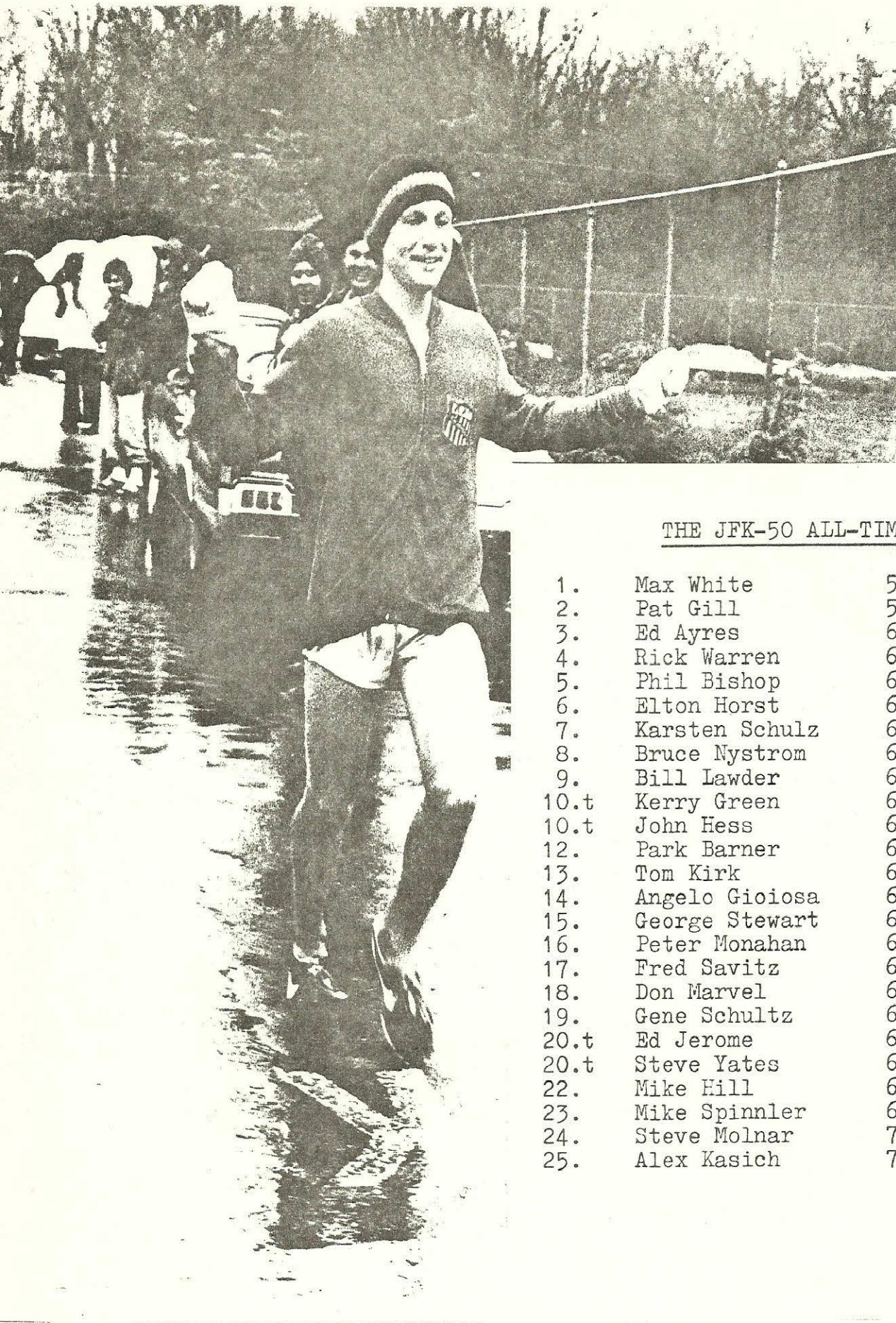
First woman to finish the JFK-50	Donna Aycoth	1968
First Age 60 & Over to finish the JFK-50	Burnis Hicks	1973
First Age 50 & Over to finish the JFK-50	Dr. Jim Dobbie	1966
First Age 10 to finish the JFK-50	Galen Pryor	1969
First Blind Runner to finish the JFK-50	Tom Rothrock	1975
First U.S. Congressman to finish the JFK-50	Goodloe Byron	1971
First Member "250 Mile" Club	Buzz Sawyer	1968
First Woman Member "250 Mile" Club	Donna Aycoth	1972
First Member "500 Mile" Club	Kim Byron	1977

"500 MILE" CLUB
(3 Members)

<u>MEMBER</u>	<u>JFK'S COMPLETED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Kim Byron	11	68-69-70-71-72-73-74-75-76-77-78	10:25:36 (1977)
Mike Adams	10	65-69-71-72-73-74-75-76-77-78	7:07:06 (1978)
Si Reddick	10	69-70-71-72-73-74-75-76-77-78	8:38:12 (1974)

"250 MILE" CLUB
(69 Members)

James Ebberts	9	63-64-65-67-69-73-76-77-78	7:06:41 (1977)
Leo Henry	9	67-68-69-73-74-75-76-77-78	8:00:36 (1973)
Cal Mahaney	9	70-71-72-73-74-75-76-77-78	10:23:38 (1975)
Dave Frye	8	71-72-73-74-75-76-77-78	8:10:31 (1977)
Ling Louie	8	70-71-73-74-75-76-77-78	12:29:17 (1975)
Clater Smith	8	69-71-72-73-75-76-77-78	10:35:10 (1976)
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30 (1973)
Dick Burgee	7	72-73-74-75-76-77-78	8:48:55 (1977)
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10 (1971)
Carl Cornett	7	72-73-74-75-76-77-78	8:35:49 (1978)
Chuck Fitz	7	69-71-73-74-75-76-78	8:25:29 (1976)
Eddie Glenn	7	69-70-71-73-74-76-78	10:13:15 (1973)
Shane Hutton	7	69-70-71-72-73-74-78	10:13:10 (1971)
Jim Lewis	7	72-73-74-75-76-77-78	11:08:35 (1977)
Fred Wandel	7	72-73-74-75-76-77-78	11:32:03 (1976)
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35 (1970)
Donna Aycoth	6	68-69-70-71-72-73	8:26:07 (1973)
Joe Baummer	6	73-74-75-76-77-78	10:46:07 (1978)
Woody Hawkins	6	73-74-75-76-77-78	10:40:45 (1975)
John Kurt	6	73-74-75-76-77-78	9:51:23 (1976)
Bill Law	6	72-73-74-75-76-78	8:57:01 (1978)
Paul Lewis	6	73-74-75-76-77-78	11:54:04 (1978)
Zane Reddick	6	72-73-75-76-77-78	11:13:02 (1976)
Buzz Sawyer	6	63-65-66-67-68-70	8:53:15 (1970)
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02 (1972)
Ernie West	6	72-74-75-76-77-78	10:11:13 (1978)
Tom Whitesell	6	69-70-72-75-76-77	10:27:27 (1970)
Park Barner	5	72-73-74-75-76	6:23:53 (1973)
Dave Bergman	5	71-72-73-74-77	9:11:34 (1972)
Bruce Burnside	5	71-72-73-75-76	10:44:15 (1973)
Rick Busch	5	70-71-73-75-76	10:24:07 (1975)
Joe Butchko	5	73-75-76-77-78	7:48:43 (1977)
Art Carey	5	71-72-73-74-76	9:04:20 (1971)
Norm Christensen	5	73-75-76-77-78	9:21:52 (1977)
Larry Dickerson	5	72-73-76-77-78	9:02:44 (1978)
Bob Gralley	5	74-75-76-77-78	8:52:37 (1978)
Howell Griswold	5	73-74-75-76-77	12:43:56 (1977)
Martha Hauver	5	69-71-72-73-75	10:27:26 (1975)
Don Heimiller	5	73-75-76-77-78	7:52:52 (1978)
Bob Henscheid	5	74-75-76-77-78	8:27:07 (1977)
Randy Howard	5	74-75-76-77-78	8:33:45 (1978)
Ed Hruneni	5	73-74-75-76-77	8:58:12 (1977)
Forden Hughes	5	71-72-73-75-76	11:21:17 (1976)
Nancy Keplinger	5	73-74-75-77-78	11:48:20 (1975)
Paul Keplinger	5	73-75-76-77-78	11:42:58 (1978)
Lanny Knight	5	72-73-75-76-77	7:31:36 (1977)
Dave Knode	5	70-71-75-76-77	8:56:43 (1977)
Al Kossow	5	73-75-76-77-78	10:28:18 (1977)
Gil Martin	5	71-72-73-74-75	9:04:34 (1975)
Barbara Matthai	5	72-73-75-76-77	10:33:21 (1977)
Jim Mortenson	5	74-75-76-77-78	8:13:34 (1977)
Don Muffley	5	72-73-74-75-76	7:32:37 (1976)
Gary Naugle	5	71-72-73-74-75	7:40:48 (1975)
Galen Pryor	5	69-70-71-72-73	9:38:44 (1973)
Connie Reddick	5	73-75-76-77-78	11:07:16 (1976)
Eddie Reddick	5	72-73-74-75-76	8:42:36 (1976)
Ray Rickett	5	72-73-75-76-77	11:44:13 (1977)
Howard Ridenour	5	70-71-72-73-74	10:09:04 (1974)
Fred Schumacher	5	74-75-76-77-78	10:20:39 (1978)
Nelson Spangler	5	72-73-75-76-77	11:35:57 (1975)
Joe Spence	5	72-73-75-76-77	9:56:25 (1973)
Jack Spinnler	5	71-72-73-76-77	12:45:36 (1972)
Mike Spinnler	5	71-72-73-75-77	6:57:54 (1977)
Jim Starrs	5	72-73-74-75-76	12:10:33 (1975)
Brad Vaughn	5	71-72-73-74-75	7:46:54 (1975)
Don West	5	74-75-76-77-78	12:58:47 (1975)
Dick Wilson	5	73-74-75-76-77	10:40:48 (1975)
Tom Winter III	5	74-75-76-77-78	9:27:05 (1978)
Dave Young	5	73-75-76-77-78	9:16:59 (1975)



THE JFK-50 ALL-TIME TOP 25

1.	Max White	5:55:30	1973
2.	Pat Gill	5:59:28	1976
3.	Ed Ayres	6:04:01	1977
4.	Rick Warren	6:12:20	1973
5.	Phil Bishop	6:14:59	1978
6.	Elton Horst	6:15:42	1971
7.	Karsten Schulz	6:16:25	1977
8.	Bruce Nystrom	6:20:18	1977
9.	Bill Lawder	6:20:51	1978
10.t	Kerry Green	6:22:30	1977
10.t	John Hess	6:22:30	1977
12.	Park Barner	6:23:53	1973
13.	Tom Kirk	6:26:48	1977
14.	Angelo Gioiosa	6:27:58	1975
15.	George Stewart	6:28:58	1974
16.	Peter Monahan	6:28:59	1977
17.	Fred Savitz	6:34:30	1978
18.	Don Marvel	6:40:03	1978
19.	Gene Schultz	6:41:11	1972
20.t	Ed Jerome	6:53:13	1973
20.t	Steve Yates	6:53:13	1973
22.	Mike Hill	6:54:14	1976
23.	Mike Spinnler	6:57:54	1977
24.	Steve Molnar	7:03:07	1975
25.	Alex Kasich	7:03:36	1977

Photo By: Steve Sagi

Not a record this time, but most everyone agrees that the 6:06:19 Max White is shown putting the finishing touches on in 1974 rates far above his still standing mark of 5:55:30 set in 1973. White had to negotiate the ice covered slopes of the Appalachian Trail and the muddy footing of the C & O Canal Towpath in the rain and freezing rain marred 1974 event.

THE JFK-50 WOMEN'S ALL-TIME TOP 25

1.	Sue Medaglia	7:53:37	1978
2.	Donna Aycoth	8:26:07	1973
3.	Sue Shepherd	9:35:10	1976
4.	Ruth Hamilton	9:47:27	1976
5.	Valerie Hardin	9:49:58	1973
6.	Mariah Skinner	9:58:35	1977
7.	Martha Hauver	10:27:26	1975
8.	Barbara Matthai	10:33:21	1977
9.	Sharon Mark	10:35:48	1978
10.	Penny Booth	10:51:18	1978
11.	Connie Reddick	11:07:16	1976
12.	Zane Reddick	11:13:02	1976
13.	Barb Retorick	11:16:38	1978
14.	Betsy Ries	11:18:18	1976
15.	Mitzi Henscheid	11:19:04	1978
16.	Mary Rotz	11:19:46	1976
17.	Nan Shepherd	11:24:10	1973
18.	Becky Stemper	11:38:41	1976
19.	Carolyn Showalter	11:39:20	1978
20.	Lorraine Hall	11:45:52	1977
21.	Marlys Bresler	11:46:12	1975
22.	Nancy Keplinger	11:48:20	1975
23.	Burnis Hicks	11:50:03	1973
24.	Jean Phillips	11:55:34	1978
25.	Melanie Mikkelsen	12:15:03	1971



Photo By: Ron Kephart

Sue Medaglia reaches the finish line in a Women's Record 8:19:07 at the 1977 JFK-50. At her side is husband Ernie who was credited with the same clocking. A year later Sue improved her own mark with a remarkable 7:53:37. Thus becoming the only woman among the 85 participants who have bettered eight hours in the 16 year history of the JFK.

1	Mike Adams	31	George Knaell
2	David Alexander	32	Bill Lawder
3	Bobbie Allen	33	Bob McCubbin, Jr.
4	Dave Asaki	34	Ernie Medaglia
5	David Balfour	35	Sue Medaglia
6	Samara Balfour	36	Brendan Merriman
7	Benny Benford	37	Paul Mingo
8	Roger Bergman	38	Steve Molnar
9	Phil Bishop	39	Peter Monahan
10	Mike Boyer	40	Jim Mortenson
11	Kim Byron	41	D.C. Nokes, Jr.
12	German Cardenas	42	Bruce Nystrom
13	Carl Cornett	43	Dave Peelle
14	Rusty Donahue	44	Bill Pope
15	Kevin Eagleton	45	Joe Riener
16	Tommy Farragher	46	Bob Rudolf
17	Chuck Fitz, Jr.	47	Sue Shepherd
18	Sandra Folzer	48	Bob Stack
19	Dave Frye	49	Vassili Triantos
20	Bob Harper, Jr.	50	Jack Weller
21	Edward Hayden	51	Chauncey Wilson
22	Don Heimiller		
23	Leo Henry		
24	Bob Henscheid		
25	John Hess		
26	Pat High		
27	John Kendall		
28	John Kenul		
29	Bob Kinnecome		
30	Gene Kline		

100	Jack Abbasi	151	Larry Campbell	201	Al Gersten
101	Jon Acton	152	Jim Carroll	202	J.J. Giles
102	Mel Adams	153	Daniel Chapman	203	Dick Good
103	Rob Alford	154	Len Cohen	204	Bob Gore
104	Gail Allen	155	Roger Cole	205	Paul Gorka
105	Sidney Allen	156	Ed Conway	206	Willie Graham
106	Todd Aman	157	Dan Cox	207	Bob Gralley
107	Cathy Andberg	158	Jay Cox	208	Joe Greene
108	John Apgar	159	Don Crandall	209	Bob Greenspun
109	Vince Armstrong	160	John Cummins	210	Chip Grove
110	Fob Armstrong				
111	Mike Asip	161	Dennis Cummins, Sr.	211	Gary Guardia
112	Georges Auchet	162	Mark Dailey	212	Barney Haller
113	Joe Avallone	163	Andy Davis	213	Keith Harvey
114	Wheeler Baker	164	Rocky Davis	214	Ralph Hause
115	John Baranowski	165	Rich Davis	215	Woody Hawkins
116	Lee Barkell	166	Dan Dawson	216	Randy Hawthorne
117	John Bates	167	Ed Demoney, Jr.	217	Jim Heffner
118	Joe Baummer	168	Bob Detrow	218	Robb Helfrick
119	Philip Baummer	169	Craig Dick	219	Gary Henning
120	Joe Beeson	170	Dave Dick	220	Howard Henry
121	Bob Peller	171	Gerry Dicken	221	Mitzi Henscheid
122	Steve Bergman	172	Larry Dickerson	222	Joe Herget, Jr.
123	Wayne Berry	173	Frank Dischel	223	Bob Hickey
124	Ernie Best	174	Tony DiVanna	224	Mike High
125	Alex Bezgin	175	Joe DiVanna	225	Glenn Hightower
126	Bob Bezgin	176	Ron Dorn, III	226	Joe Hoffert
127	Kim Bingaman	177	Mark Dorset	227	Herman Hollins
128	Rich Bishop	178	Bob Dorsey	228	Stan Holloway
129	Bob Blair	179	Joe Dunn	229	Dan Holstein
130	Bob Blakemore	180	Rosie Dunn	230	John Hoover
131	Ken Blevins	181	Tom Dyckman	231	Bob Hornyak
132	Frank Bloom	182	Michael Farp	232	David Horton
133	Frank Bonar	183	Dave Eden	233	Randy Howard
134	Bob Poone	184	Wes Emmons	234	John Huckaby
135	Bruce Boyd	185	Rick Erdmann	235	Tom Hunt
136	Frank Boyer	186	Dave Esquerra	236	Tim Hunt
137	Ben Boyes	187	Karl Ettinger	237	Shane Hutton
138	Jim Brown	188	Alec Evans	238	Cliff Izer
139	Ken Brown	189	Denny Evans	239	George John
140	John Bruccolo	190	Bob Ewing	240	Johnnie Johnson, Jr.
141	Charlie Bruce, Jr.	191	Will Fitzpatrick, Jr.	241	Dick Johnston
142	Mark Burgee	192	Ed Foley	242	Carol Ann Jones
143	Dave Purgess	193	John Foltz	243	Jack Jones
144	Roger Burkhart	194	Jay Frantz	244	John Kalil
145	Ron Byrd	195	Stanley Friedlander	245	Bob Kasper, Jr.
146	Goodloe E. Byron, Jr.	196	Loren Friesen	246	Paul Keplinger
147	Jim Caldwell	197	Jiles Frostenson	247	Phil Kerr
148	Jim S. Caldwell	198	Bob Garling	248	John Kiser
149	Tim Caldwell	199	Barbara Garner	249	Skip Klimaytis
150	Eric Campbell	200	Allan Gelfond	250	Stanley Konski

251	Al Kossow	301	Mary Moore	351	Marty Rollinger
252	Joe Kravinsky	302	Pat Moore, Jr.	352	Nick Rosato
253	Ted Laikind	303	Doug Moorhead	353	Jim Russell
254	Dave Lapham	304	Jim Moorhouse	354	Tom Russell
255	Hal Laughlin, Jr.	305	Pat Moorhouse	355	Denny Sandberg
256	Bill Law	306	Tom Moorhouse	356	Jack Sargent
257	Gary Leader	307	Craig Morrison	357	Frank Schaeffer
258	Fritz Lebow, Jr.	308	Scott Mowen	358	Gene Scharle
259	Joe Lederle	309	Norm Moyer	359	Bob Schleigh
260	Bob Lemmermann	310	Kevin Murphy	360	Walt Schmoeller
261	Hy Levasseur	311	Richard Murphy	361	Carl Schneider
262	Ann Levri	312	Bill Murray, Jr.	362	Terri Schultz
263	El Levri	313	Rick Myer	363	Fred Schumacher
264	Phil Levri	314	Jim Myerjack	364	Carroll Scott
265	Dennis Lewis	315	Larry Myers	365	Dwight Scott
266	Jim Lewis	316	Mike Neely	366	George Scott
267	Jerry Lewis	317	Jamie Neikirk	367	Ken Scott
268	Paul Lewis	318	Kathy Nester	368	Lynn Sencindiver
269	David Longley	319	John Newdorp	369	Carl Settlemyer, Jr.
270	Gene Lorandeanu	320	Andy Niebel	370	Margie Shank
271	Richard Lorey	321	Hal Niebel	371	Carolyn Showalter
272	Ling Louie	322	Joe Notary	372	Lowell Showalter
273	Darrin Lynn	323	Warren Ohlrich	373	Steve Shumaker
274	Tom MacVittie	324	Ray Olfky	374	Ed Sitko
275	Cal Mahaney	325	Pete Palermo	375	Adam Slack
276	John Maher, III	326	Scott Palmer	376	Clater Smith
277	Earl Main	327	Dave Parcell	377	Mike Smith
278	Mike Mannion	328	Robert Pastrana	378	Jim Smith
279	Mark Marquess	329	Harold Pereschuk, Jr.	379	Ralph Smitten
280	Everett Marsh	330	Harold Pereschuk, Sr.	380	Marshall Smyhy
281	Nevin Marsh	331	Larry Pereschuk	381	Sabin Snow
282	Sheryl Masiello	332	Scott Pettie	382	Jerry Snyder
283	Don Mattmueller	333	Jean Phillips	383	Rob Sollenberger
284	Scott Maxwell	334	Larry Pickett	384	Mike Sommer
285	Craig McDonald	335	Hugh Place	385	Jon Spear
286	Sue McElfresh	336	Janet Pomeranz	386	Bob Stack
287	Byron McNelly	337	Kal Pomeranz	387	Steve Stec
288	Don McNelly	338	Dean Powell	388	Cindy Steffen
289	Tom McNelly	339	Larry Prather	389	Lou Stevens
290	Bob McPherson	340	Lawrence Prevatte	390	Ron Stewart
291	Tom Medicus	341	Bill Puleo	391	Peter Stinson
292	Tim Medicus	342	Andy Rapavi	392	Janice Sullivan
293	Jackie Miller	343	Paul Rapavi	393	Dick Superneau
294	Tom Miller	344	Charles Rector	394	Randy Swink
295	Lee Mills	345	John Redden	395	Bill Symolon
296	Roger Mingo	346	Bob Reinhard	396	Chuck Taylor
297	Jim Moe	347	Don Reinholt	397	Mike Taylor
298	Jim Montgomery, III	348	Harvey Reisenweber	398	Roy Taylor
299	Ben Moore, Jr.	349	Howard Reynolds	399	Bernie Thompson
300	Betty Moore	350	Terry Rohler	400	Ray Thompson

401 Roy Thompson, Jr.
402 Clair Thrush
403 Tim Turner
404 Herb Ufkes
405 Karl VanAllen
406 Steve Vaughan
407 Frank Verdi
408 Dan Wagner
409 John Walter
410 Fred Wandel

411 Joe Wasserman
412 Dave Weary
413 Ed Weary
414 Don West
415 Ernie West
416 Bill Whitesell
417 Jim Wiedeman
418 Mark Wigtil
419 Leroy Wilder
420 Butch Wilkens

421 Steve Wilkinson
422 Deb Wilson
423 Robert Wilt
424 Tom Winter, III
425 Tom Winter, Jr.
426 Everett Woo
427 Donald Wood
428 Tim Wray
429 Jim Wyckoff
430 Ross Yates

431 Ron Young
432 Gary Zehr
433 Ron Zich
434 Jim Zucco
435 Anne Zumbach
436 Lee Zumbach